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Should Junkfood Be Banned From Schools ?

43% of the us population is obese. Junkfood is the main reason why children are overweight. Most children have access to junkfood at school. There can be a way to stop this, by banning junkfood from school and replace it with healthier choices. Obesity and Financial Problems are 2 main reasons junkfood should be banned from school. With the help of The New York Times Up Front- The News Magazine For Teens (Source A), Medical Daily (Source B), Norton Center Infographic (Source C), and Healthline News (Source E) I can support my claim with good proof.

To begin with, obesity is one of the main reasons why they should ban junkfood from schools. Diabetes is caused by consuming too much sugar. For instance, John Dively mentions, “Nearly 300,000 people die each year form complications associated with being obese or overweight.” Being overweight can cause high blood pressure which is another issue caused by junkfood. Children can get these health issues very young due to schools providing only high sugar or sodium foods. If children are getting medical issues when they are young this could affect their future. For example, Kevin Cohcannon states, “Obesity is not juhst a health issue, it’s an economic and national security issue.” Children have their future ahead of them diabetes can cause people to die at a younger age. Without children the U.S. doesn’t have a future also. Schools need to be aware of what they are selling and serving. Parents should also keep an eye on what they are feeding their children.

Prior to obesity, there are many Financial Problems schools and parents face due to junk food. Schools face alot problems finacally they have to have there money balanced. As said in Source E

“Schools that are under financial pressure are more likely to make junk food available to their students. Some schools can be sponsored by the company which help them make more money by selling the junk food’s company products. Other schools find that by selling junkfood it can help collect more money. Overweight medical problems can also affect the U.S. “By 2018, the US will spend \$344,000,000,000 on obesity related health care cost.” mentions Source C. Parents have to buy pills or medicine for their child which costs about alot of money. Insurance can be very, most of the time people can get free medical insurance, but some doctors don’t treat paitents with that kind of medical insurance which makes it hard. Financially schools and parents need to start helping their students/ children.

In conclusion, obesity and financial problems aren’t the only reasons schools should ban junkfood. Those are some of the general reasons why we should start caring. Although, some people might argue that kids can get junkfood other than school we have to think and help our children to pick the better choices. We need to teach the future of the U.S to start caring for their health. Our society is mostly based on money without money what can you do. Most healthy food is expensive which causes people to buy fast food, but we can help eachother and the society one way or another.